



241 Wylderose Drive, Suite A
Midlothian, VA 23113

TAKE CONTROL OF YOUR WORKERS' COMPENSATION COSTS:

Please join us for the
Commonwealth Contractors'

MANAGEMENT SEMINAR

8:00 a.m. – 12:30 p.m.

Tuesday, November 13, 2018

Glen Allen Cultural Arts Center

2880 Mountain Road

Glen Allen, VA 23060

This FREE seminar is designed
to provide you with tools to reduce
employee down-time and improve
efficiency within your organization.

Target audience is owners and managers.

Attend and we promise you will not be disappointed!

R.S.V.P. by November 6th to emurphy@landininc.com,

(804) 359-9600 x16 or visit ccgsia.com

MANAGEMENT SEMINAR

NOVEMBER 13, 2018

SCHEDULE OF ACTIVITIES

7:30 A.M. REGISTRATION
8:00 A.M. PROGRAM BEGINS
9:40 & 11:20 A.M. BREAKS
12:30 P.M. ADJOURN

BREAKFAST AND REFRESHMENTS PROVIDED

DISCUSSION TOPICS

INNOVATIVE APPROACH TO SAFETY AND HEALTH FOR THE INDUSTRIAL ATHLETE 8:10 A.M. – 8:55 A.M.
PRESENTED BY Rob Locke, Director Electric Safety, Training, and Environmental Compliance,

Dominion Energy

TAKEAWAY: *Fitness levels and the impact on job performance and injury prevention*

MANAGEMENT'S BUY-IN TO AN EFFECTIVE SAFETY CULTURE 8:55 A.M. – 9:40 A.M.

PRESENTED BY Kelly West, Safety Director, JRC Mechanical Inc.

TAKEAWAY: *How your company's attitude affects employee performance on the job*

BREAK 9:40 A.M. – 9:50 A.M.

AVOIDING POTENTIAL LIABILITIES WHEN WORKING WITH OTHER CONTRACTORS 9:50 A.M. -10:35 A.M.

PRESENTED BY Scott Ford, Attorney, Ford Richardson

TAKEAWAY: *How to protect yourself in multiple work scenarios*

THE WHO, WHAT, WHEN, WHERE, AND HOW OF COMPETENT PERSON TRAINING 10:35 A.M. – 11:20 A.M.

PRESENTED BY Glenn Grambo, President, Cornerstone Safety Management

TAKEAWAY: *Ensuring compliance with the construction standards' requirements*

BREAK 11:20 A.M. – 11:30 A.M.

VIRGINIA'S REGISTERED APPRENTICESHIP PROGRAM 11:30 A.M. – 12:20 P.M.

PRESENTED BY Patricia Morrison, Director, Division of Registered Apprenticeship,

Virginia Dept of Labor & Industry

TAKEAWAY: *Improving the workforce and ensuring the continuation of qualified workers*