

Commonwealth Contractors' Suggested Panel of Physicians - Charlottesville/Shenandoah Valley

As a best practice, we strongly encourage you as an employer to contact the providers you select for your panel to inform them they are being placed on your panel prior to sending injured workers there to be seen.

OCCUPATIONAL MEDICINE / URGENT CARE FACILITIES

Charlottesville Wellness Center	Samuel Caughron, MD	901 Preston Ave, Ste 102	Charlottesville, VA	22903	434-328-2853
First Med, Inc		125 Riverbend Dr, Ste 3	Charlottesville, VA	22911	434-984-4200
MED Express Urgent Care		1149 Seminole Trl	Charlottesville, VA	22901	434-978-3998
Augusta Health		540 Radford Lane, Ste 250	Charlottesville, VA	22903	434-823-7896

ORTHOPEDIC SPECIALISTS

UVA Orthopaedics	David Diduch, MD	515 Ray C Hunt Dr, Ste 1100	Charlottesville, VA	22903	434-243-7778
Albemarle Orthopaedic	William Grant, MD	908 E Jefferson St., Ste 101	Charlottesville, VA	22902	434-817-7200
UVA Hand Center	Aaron Freilich, MD	415 Ray C Hunt Dr, 3rd Fl	Charlottesville, VA	22903	434-982-7200
UVA Orthopaedics	Bobby Chhabra, MD	515 Ray C Hunt Dr, Ste 1100	Charlottesville, VA	22903	434-982-4263
Sentara	Thomas Schildwachter, MD	914 E Jefferson St	Charlottesville, VA	22902	434-971-8004
UVA Orthopaedics	Winston Gwathmey, Jr, MD	515 Ray C Hunt Dr, Ste 1100	Charlottesville, VA	22903	434-982-4263
UVA Orthopaedics	Adam Shimer, MD	515 Ray C Hunt Dr, Ste 1100	Charlottesville, VA	22903	434-243-3633