

Commonwealth Contractors' Suggested Panel of Physicians – Hampton Roads/Tidewater

As a best practice, we strongly encourage you as an employer to contact the providers you select for your panel to inform them they are being placed on your panel prior to sending injured workers there to be seen.

OCCUPATIONAL MEDICINE / URGENT CARE FACILITIES

Sentara Healthcare	Bruce Britton, MD	600 Crawford St	Portsmouth, VA	23704	757-397-6344
Richard Craven, MD	Richard Craven, MD	932 Professional Pl, Ste 201	Chesapeake, VA	23320	757-481-9406
I & O Medical Center	Thomas Conage, MD	838-A Old George Washington Hwy	Chesapeake, VA	23323	757-487-9600
Patient First		2425 Taylor Rd	Chesapeake, VA	23321	757-215-1800
Patient First		705 N Battlefield Blvd	Chesapeake, VA	23320	757-547-0688
Patient First		1239 Cedar Rd	Chesapeake, VA	23322	757-549-9935
Sentara Greenbrier HealthPlex		713 Volvo Pkwy	Chesapeake, VA	23320	757-282-4025
Sentara Family Medicine Physicians		816 Industrial Ave, Ste 100	Chesapeake, VA	23324	757-233-9055
Now Care Urgent Care Center		725 Volvo Parkway	Chesapeake, VA	23320	757-842-4100
Sentara Internal Medicine Physicians		850 Kempsville Rd	Norfolk, VA	23502	757-261-5910
Now Care Urgent Care Center		7924 Chesapeake Blvd	Norfolk, VA	23518	757-587-1700
Sentara Occupational Medicine	Timothy Lee, MD	2760 Godwin Blvd, Ste 101	Suffolk, VA	23434	757-934-4162
Now Care Urgent Care Center		3060 Godwin Blvd	Suffolk, VA	23234	757-935-5310
Lakeview Medical Center		2000 Meade Pkwy	Suffolk, VA	23234	757-539-0251
Patient First		322 Newtown Rd	Virginia Beach, VA	23462	757-473-8400
Patient First		3432 Holland Rd	Virginia Beach, VA	23452	757-468-1855
Patient First		5486 Indian River Rd	Virginia Beach, VA	23464	757-424-2490
Patient First		1605 General Booth Blvd	Virginia Beach, VA	23454	757-721-0512
Sentara Family Medicine Physicians		816 Independence Blvd, Ste 100	Virginia Beach, VA	23455	757-363-6800
Sentara Primary Care		4439 Virginia Beach Blvd	Virginia Beach, VA	23462	757-252-0590
Sentara Primary Care		984 B Laskin Rd	Virginia Beach, VA	23451	757-395-6900
Sentara Urgent Care		5320 Providence Rd, Ste 301	Virginia Beach, VA	23464	757-413-7600
I & O Medical Center		1290 Diamond Springs Rd	Virginia Beach, VA	23455	757-460-0700
Now Care Urgent Care Center		1168 First Colonial Rd, Ste 100	Virginia Beach, VA	23454	757-352-2020
Now Care Urgent Care Center		6632 Indian River Rd, Ste 103	Virginia Beach, VA	23464	757-424-4300
Now Care Urgent Care Center		2088 S Independence Blvd, Ste 103	Virginia Beach, VA	23453	757-275-9331
Taylor Made Diagnostics		801 Poindexter Street # 218	Chesapeake, VA	23320	757-494-1688

ORTHOPEDIC SPECIALISTS

Sports Medicine & Orthopaedic Center	Michael Romash, MD	501 Discovery Dr	Chesapeake, VA	23320	757-547-5145
Sports Medicine & Orthopaedic Center	David Goss, MD	501 Discovery Dr	Chesapeake, VA	23320	757-547-5145
Atlantic Orthopaedic Specialists	David Clifford, MD	733 Volvo Pkwy, Ste 300	Chesapeake, VA	23320	757-321-3300
Hampton Roads Orthopaedics & Sports Medicine	John Aldridge MD	730 Thimble Shoals Boulevard # 130	Newport News, VA	23606	757-873-1554
Atlantic Orthopaedic Specialists	Blake Moore, MD	160 Kingsley Ln, Ste 405	Norfolk, VA	23505	757-321-3300
Atlantic Orthopaedic Specialists	Lawrence Donato, MD	6160 Kempsville Circle, Ste 200B	Norfolk, VA	23502	757-321-3300
Virginia Orthopaedic & Spine Specialists	Andrew Caines, MD	1040 University Blvd, Ste 200	Portsmouth, VA	23703	757-673-5680
Virginia Orthopaedic & Spine Specialists	Nickolas Pezzella, MD	3300 High St	Portsmouth, VA	23707	757-673-5680
Sports Medicine & Orthopaedic Center	Anthony Bevilacqua, DO	150 Burnett's Way, Ste 100	Suffolk, VA	23434	757-547-5145
Sports Medicine & Orthopaedic Center	Nicolai Baecher, MD	3920A Bridge Rd, Ste 301	Suffolk, VA	23235	757-547-5145
Sports Medicine & Orthopaedic Center	Gordan Iiams, MD	150 Burnett's Way, Ste 100	Suffolk, VA	23434	757-547-5145
Virginia Orthopaedic & Spine Specialists	Steven Blasdell, MD	2012 Meade Pkwy	Suffolk, VA	23434	757-673-5680
Tidewater Orthopaedics	Colin Kingston, MD	3920A Bridge Rd, Ste 305	Suffolk, VA	23435	757-251-2971
Virginia Orthopaedic & Spine Specialists	Ernesto Luciano-Perez, MD	5838 Harbour View Blvd, Ste 100	Suffolk, VA	23435	757-673-5680
Atlantic Orthopaedic Specialists	Michael Campbell, MD	1975 Glenn Mitchell Dr, Ste 200	Virginia Beach, VA	23456	757-321-3300
Ortho Virginia	Peter Jacobson, MD	1717 Will O Wisp Dr, Ste 100	Virginia Beach, VA	23454	757-422-8476
Ortho Virginia	Brick Campbell, MD	1717 Will O Wisp Dr, Ste 100	Virginia Beach, VA	23454	757-422-8476
Ortho Virginia	Patrick O'Connell, MD	1717 Will O Wisp Dr, Ste 100	Virginia Beach, VA	23454	757-422-8476
Glasson Sports Medicine	Sandra Glasson, MD	968 First Colonial Rd, Ste 101	Virginia Beach, VA	23454	757-412-1005
Atlantic Orthopaedic Specialists	Timothy Budorick MA	1800 Camelot Drive #300	Virginia Beach, VA	23454	757-321-3300
Atlantic Orthopaedic Specialists	Chad Manke, MD	1800 Camelot Dr, Ste 300	Virginia Beach, VA	23454	757-321-3300