

Commonwealth Contractors' Suggested Panel of Physicians - Hampton Roads/Tidewater

As a best practice, we strongly encourage you as an employer to contact the providers you select for your panel to inform them they are being placed on your panel prior to sending injured workers there to be seen.

OCCUPATIONAL MEDICINE / URGENT CARE FACILITIES

Sentara Urgent Care	20209 Sentara Way Ste 100	Carrollton, VA 23314	(757) 542-1100
Craven, Richard A	932 Professional Place, Ste. 201	Chesapeake, VA 23320	(757) 481-9406
Patient First	705 N Battlefield Blvd	Chesapeake, VA 23320	(757) 547-0688
Sentara Urgent Care	213 River Walk Pkwy* <i>appointments only</i>	Chesapeake, VA 23320	(757) 548-1400
Bon Secours Occumed	4300 Portsmouth Blvd., Ste. 220	Chesapeake, VA 23321	(757) 465-4000
Patient First	2425 Taylor Rd	Chesapeake, VA 23321	(757) 215-1800
Patient First	1239 Cedar Rd	Chesapeake, VA 23322	(757) 215-1800
I & O Med Center	838 A Old George Washington Hwy N	Chesapeake, VA 23323	(757) 487-9600
Sentara Urgent Care	5659 Parkway Dr Ste 100	Gloucester, VA 23061	(804) 210-1005
Baddar, N. Michael	593 Aberdeen Rd	Hampton, VA 23661	(757) 825-1100
Conage, Thomas J	593 Aberdeen Rd	Hampton, VA 23661	(757) 825-1100
I & O Med Center	593 Aberdeen Rd	Hampton, VA 23661	(757) 825-1100
MD Express Urgent Care	3321 West Mercury Blvd	Hampton, VA 23666	(757) 224-0056
Patient First	2304 W. Mercury Blvd	Hampton, VA 23666	(757) 951-1579
Riverside Orthopedic Specialists	850 Enterprise Parkway, Ste 2000	Hampton, VA 23666	(757) 534-9988
I & O Med Center	704 Thimble Shoals Blvd #200	Newport News, VA 23606	(757) 240-5580
Riverside Orthopedic Specialists	12200 Warwick Blvd, Ste 310	Newport News, VA 23601	(757) 534-9988
Sentara Urgent Care	747 J Clyde Morris Blvd	Newport News, VA 23601	(757) 599-6117
MD Express Urgent Care	12997 Warkwick Blvd	Newport News, VA 23602	(757) 369-9446
Chandler, Walter	628 Hofstadter Rd Ste. 3	Newport News, VA 23606	(757) 269-7455
Dietzler, Roxanne	732 Thimble Shoals Blvd, Ste. 102	Newport News, VA 23606	(757) 599-3623
Bon Secours Occumed	14703 Warwick Blvd., Ste. A	Newport News, VA 23608	(757) 886-6633
Padiyar, Krishna R.	14703 Warwick Rd, Ste. 2B	Newport News, VA 23608	(757) 886-6633
Patient First	611 Denbigh Blvd	Newport News, VA 23608	(757) 283-8300
Sentara Urgent Care	850 Kempsville Rd* <i>appointments only</i>	Norfolk, VA 23502	(757) 261-5909
Sentara Urgent Care	850 Kempsville Rd	Norfolk, VA 23502	(757) 261-0240
Now Care Physicians PC	7924 Chesapeake Blvd	Norfolk, VA 23518	(757) 587-1700
Sentara Urgent Care	1326 E Little Creek Rd	Norfolk, VA 23518	(757) 583-6338
Britton, Bruce	600 Crawford St	Portsmouth, VA 23704	(757) 606-1177
Lakeview Medical Center Inc	2000 Meade Pkwy	Suffolk, VA 23434	(757) 539-0251
Lee, Timothy N.	2800 Godwin Blvd	Suffolk, VA 23434	(757) 934-4162
Now Care Physicians PC	3060 Godwin Blvd	Suffolk, VA 23434	(757) 935-5310
Now Care Physicians PC	1168 Colonial Rd	VA Beach, VA 23454	(757) 352-2020
Patient First	3432 Holland Rd	VA Beach, VA 23452	(757) 468-1855
Sentara Urgent Care	3475 Holland Rd	VA Beach, VA 23452	(757) 962-8720
Sentara Urgent Care	2859 VA Beach Blvd	VA Beach, VA 23452	(757) 395-1300
Now Care Physicians PC	2088 S Independence Blvd Ste 103	VA Beach, VA 23453	(757) 275-9331
Patient First	1605 General Booth Blvd	VA Beach, VA 23454	(757) 721-0512
I & O Med Center	1290 Diamond Springs Rd	VA Beach, VA 23455	(757) 460-0700
Sentara Urgent Care	816 Independence Blvd Ste 100	VA Beach, VA 23455	(757) 363-6800
Patient First	332 Newtown Rd	VA Beach, VA 23462	(757) 473-8400
Now Care Physicians PC	6632 Indian River Rd	VA Beach, VA 23464	(757) 424-4300
Patient First	5486 Indian River Rd	VA Beach, VA 23464	(757) 424-2490

ORTHOPEDIC SPECIALISTS

Atlantic Orthopaedic Specialists	733 Volvo Pkwy Ste 300	Chesapeake, VA 23320	(757) 321-3360
Sports Medicine & Orthopaedic Ctr	100 Wimbledon Sq	Chesapeake, VA 23320	(757) 547-5145
Sports Medicine & Orthopaedic Ctr	905 N Battlefield Blvd Ste 103	Chesapeake, VA 23320	(757) 547-5145
Peninsula Orthopaedic Group PC	304 Marcella Rd B	Hampton, VA 23666	(757) 864-0840
Tidewater Orthopaedic Associates	901 Enterprise Pkwy Ste 900	Hampton, VA 23666	(757) 827-2480
OrthoVA	6 Doctors Drive	Emporia, VA 23847	(800) 422-2663
Hampton Roads Orthopaedic & Sports	730 Thimble Shoals Blvd Ste 130	Newport News, VA 23606	(757) 873-1554
Atlantic Orthopaedic Specialists	6387 Center Dr Ste 101	Norfolk, VA 23502	(757) 321-3360
Atlantic Orthopaedic Specialists	844 Kempsville Rd Ste 101	Norfolk, VA 23502	(757) 321-3360
Atlantic Orthopaedic Specialists	160 Kingley Ln Ste 405	Norfolk, VA 23505	(757) 321-3360
Virginia Orthopaedic & Spine Specialists	957 W 21st St	Norfolk, VA 23517	(757) 673-5680
Virginia Orthopaedic & Spine Specialists	1040 University Blvd Ste 200	Portsmouth, VA 23703	(757) 673-5680
Virginia Orthopaedic & Spine Specialists	3300 High St	Portsmouth, VA 23707	(757) 673-5680
Sports Medicine & Orthopaedic Ctr	150 Burnetts Way Ste 100	Suffolk, VA 23434	(757) 547-5145
Sports Medicine & Orthopaedic Ctr	3920A Bridge Rd Ste 301	Suffolk, VA 23435	(757) 547-5145
Virginia Orthopaedic & Spine Specialists	2012 Meade Pkwy	Suffolk, VA 23434	(757) 673-5680

Virginia Orthopaedic & Spine Specialists	5838 Harbour View Blvd Ste 100	Suffolk, VA 23435	(757) 673-5680
Atlantic Orthopaedic Specialists	1800 Camelot Dr Ste 300	VA Beach, VA 23454	(757) 321-3360
Atlantic Orthopaedic Specialists	1975 Glenn Mitchell Dr Ste 200	VA Beach, VA 23456	(757) 321-3360
Virginia Institute for Sports Medicine	1849 Old Donation Pkwy	VA Beach, VA 23454	(757) 422-8476
Virginia Orthopaedic & Spine Specialists	1232 Perimeter Pkwy Ste 101	VA Beach, VA 23454	(757) 673-5680