



241 Wylderose Drive, Suite A  
Midlothian, VA 23113

## **TAKE CONTROL OF YOUR WORKERS' COMPENSATION COSTS:**

Please join us for the  
Commonwealth Contractors'  
**MANAGEMENT SEMINAR**

**8:00 a.m. – 12:30 p.m.**

**Tuesday, November 14, 2017**

**Great Wolf Lodge**

**549 E Rochambeau Drive**

**Williamsburg, VA 23188**

**This FREE seminar is designed  
to provide you with tools to reduce  
employee down-time and improve  
efficiency within your organization.**

*Target audience is owners and managers.*

**Attend and we promise you will not be disappointed!**

R.S.V.P. by November 10<sup>th</sup> to [amurphy@landininc.com](mailto:amurphy@landininc.com),

(804) 359-9600 x24 or visit [ccgsia.com](http://ccgsia.com)

# MANAGEMENT SEMINAR

## NOVEMBER 14, 2017

### SCHEDULE OF ACTIVITIES

7:30 A.M.	REGISTRATION
8:00 A.M.	PROGRAM BEGINS
9:10 & 11:05 A.M.	BREAKS
12:30 P.M.	ADJOURN

BREAKFAST AND REFRESHMENTS PROVIDED

### DISCUSSION TOPICS

**ENCOURAGING A CULTURE OF SAFETY & BEING PREPARED FOR AN OSHA VISIT**

**8:10 A.M. – 8:55 A.M.**

**PRESENTED BY** John Meola, Safety Director, Pillar, Inc.

**TAKEAWAY:** *Prevent accidents before they occur by creating a workplace culture of safety*

**OSHA UPDATES 8:55 A.M. – 9:10 A.M.**

**PRESENTED BY** Susan Jones, VP – OS&H, Landin, Inc.

**TAKEAWAY:** *Reporting requirements and OSHA updates*

**RETURN TO WORK PROGRAM 9:20 A.M. – 10:05 A.M.**

**PRESENTED BY** Amanda Tapscott Belliveau, Attorney, McCandlish Holton Morris and Lori A. Cowan MS, LPC, LMFT, CRC, CLCP, ABDA Cowan Counseling & Disability Group P. C.

**TAKEAWAY:** *How and WHY to establish an effective return-to-work program*

**TOXICOLOGY AND ITS IMPACT ON WORKERS' COMPENSATION 10:05 A.M. – 11:05 A.M.**

**PRESENTED BY** Christopher P. Holstege, MD, Chief, Division of Medical Toxicology, Professor, Departments of Emergency Medicine & Pediatrics, University of Virginia School of Medicine and Scott C. Ford, Attorney, McCandlish Holton Morris

**TAKEAWAY:** *How drugs and alcohol impact workers' compensation claims*

**PORTAL DEMO 11:20 A.M. – 11:30 A.M.**

**PRESENTED BY** Amanda Murphy, VP - Marketing, Landin, Inc.

**TAKEAWAY:** *How to effectively use the Group's online resources*

**DISTRACTED DRIVING 11:30 A.M. – 12:30 P.M.**

**PRESENTED BY** Janet Brooking, Executive Director, DRIVE SMART Virginia with opportunity for simulator participation facilitated by Rich Jacobs, Public Relations & Outreach Manager, DRIVE SMART Virginia

**TAKEAWAY:** *Defensive Driving – why it's important and how to implement and enforce a program at your company and opportunity to participate in the DRIVE SMART Virginia driving simulator!*