

Commonwealth Contractors' Suggested Panel of Physicians – Northern Neck/Middle Peninsula

As a best practice, we strongly encourage you as an employer to contact the providers you select for your panel to inform them they are being placed on your panel prior to sending injured workers there to be seen.

OCCUPATIONAL MEDICINE / URGENT CARE FACILITIES

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|--|-------------------------------------|------------------|-------|--------------|
| MD Express Urgent Care | 6567 George Washington Memorial Hwy | Gloucester, VA | 23061 | 804-824-9962 |
| Sentara Gloucester Medical Arts | 5659 Parkway Dr, Ste 100 | Gloucester, VA | 23061 | 804-210-1005 |
| Riverside Urgent Care | 2246 George Washington Memorial Hwy | Hayes, VA | 23072 | 804-684-5565 |
| MD Express Urgent Care | 300 Mount Clement Park | Tappahannock, VA | 22560 | 804-443-8610 |

ORTHOPEDIC SPECIALISTS

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|---|----------------------------|-----------------------------------|----------------|-------|--------------|
| Riverside Orthopedic Specialists | Steven Hospodar, MD | 7560 Hospital Dr, Bldg B, Ste 101 | Gloucester, VA | 23061 | 804-693-0529 |
| Bon Secours | James McCoig, MD | 95 Harris Rd, #4 | Kilmarnock, VA | 22482 | 804-577-4224 |